



**Scott Liebler, BA- Building Foundational Gross Motor Skills with Four Essential Strategies**

These four essential strategies provide the most comprehensive elements for building a stronger than average foundation of strength, balance, endurance and coordination during the crucial early childhood years. Learn how to use progressive sequences of music, sensory and gross motor activities to help children acquire the basic fundamental skills and attitudes they will need to gain the confidence to keep moving and improving for a lifetime. Learn vision and face muscle exercises that will increase a child's alertness improving circulation of blood and energy through the brain. Learn a variety of vocal activities and active listening exercises that will enhance a child's ability to relax, develop speaking skills and social emotional skills.

**Joyce Sumpter, MA- The Advantages of Teacher Made Toys**

Explore the value of teacher made toys. Learn how everyday items can be turned into toys that support imagination, creativity, problem solving and exploration. This workshop will inspire teachers to look beyond sensory bottles and file folder games, offering children open ended opportunities for learning. This session

will be filled with hands on experiences and examples of how to use everyday items in your classroom environment. Teachers will learn how to create interactive toys for infants, toddlers and preschoolers that will inspire and engage.

**Michele Armstrong, MA, LPC- CAREfrontation: The Art of Confronting Another in a Caring and Compassionate Manner**

Conflict is inevitable, whether it be with parents, co-workers, family members or friends. Most people avoid those tough conversations for fear of a negative outcome. This workshop will teach you new methods to communicate in a way that results in a win-win situation and helps to build positive relationships.

 **My Personal Schedule**  
 7:30-8:00 a.m.  
**Registration/Continental Breakfast**  
 8:00-9:00 a.m.  
**Keynote Speaker-Ron Mohl, BA-Lead Educational Presenter for Lakeshore Learning Materials, Agents of Change-Purposeful Change through Intentionality**  
 9:15-10:45 a.m. Session I  
 10:55-12:25p.m. Session II  
 12:30-1:30 p.m. Lunch  
**Ben Graessle, Regional Manager, Lakeshore Learning Materials**  
 1:30-3:30 p.m. Session III




**THE UNITED STATES AIR FORCE ACADEMY**  
*8th Annual Front Range Workshop*  
**20 AUGUST 2016**

**The Falcon Club**

United States Air Force Academy  
3120 Academy Dr., USAF Academy, CO 80840



Hosted by   
**The 10 FSS Child and Youth Programs**  
**Lakeshore Learning Materials**



## Session I, 9:15-10:45

### Ron Mohl, BA-Outdoor Play Done a Whole New Way

Learn how to adapt eight key learning centers to the outdoor environment! We'll focus on linking literacy with outdoor play using sand and water, gross motor games and discovery kits. There will also be a discussion on special play for special days. Participants will gain knowledge of easy and effective activities for immediate outdoor application, new insights on how to create learning opportunities with everyday outdoor activities for 2-6 year olds.

### Karen Morgan, MA- Family Involvement, Collaborating and Partnering with Parents

One of the most challenging endeavors of an early childhood teacher or school age counselor is establishing collaborative and cohesive relationships with parents. Let's discuss and learn why these relationships are so necessary, how we can establish them and what benefits we can expect. Partnering with parents allows us to all work together in ways that serve each child's best interests.

### Ernie Batson, MA-Erasing the Battle Lines

Learn great practical strategies for getting out of power struggles with young children. Participants will learn ways to effectively communicate with young children, and develop techniques that reduce power struggles while gaining a greater understanding of developmentally appropriate behaviors and expectations.

### Lois Arndt, MA- Who Takes Care of Me?

Whatever your role in an early childhood setting, as the adult your primary role is to take care of the children. And when you are not at your job, you

juggle many different roles and responsibilities as well. And while you know self care is important, you also want to throw your hands in the air and say "How do I take care of me when I'm taking care of everyone else?" This workshop focuses on self-care in your personal as well as professional life. You will leave with strategies that you can use whether you have 3 minutes or longer for self care. Most of the strategies you can work into your day so you are building resiliency for yourself as well as the children you work with.

## Session II: 10:55-12:25

### Ernie Batson, MA- Birth to 3, What's It Going to Be?

What experiences do little ones need to grow? How do you teach the wonderful skill of sharing? What is the brain doing between birth and age 3? What's happening with their sensory development? How do I help children learn to talk? These questions and others will be answered during this presentation on brain development, and the teacher's role in facilitating activities and environments that support the needs of this age group.

### Carol Scheer, BS-Getting Kids Up to STEAM

STEM, STEAM, Coding and Make are popular buzz words. It seems like everyone is trying to add these concepts to help prepare children to be competitive for future careers. How can we help lay the groundwork for our youngest learners? This creative hands-on session will encourage and equip you with: simple steps to provide these services to the under 5 set, strategies for finding ideas, money saving techniques and more.

### Darcie Frohardt, MA-Sounds Like Fun!

### Teaching Phonemic Awareness to Preschoolers

Participants will learn fun, multi-sensory, age-appropriate activities for teaching phonemic aware-

ness to preschoolers including what phonemic awareness is, why it is a critical pre-literacy skill for reading and spelling and how to scaffold phonemic awareness activities to teach 3-5 year olds important phonemic awareness skills.

### April Christopherson, MA-Early Intervention Warning Signs; Therapy and Team Approaches to Care

An innovative course providing early intervention solutions relating to physical co-morbidities, behavioral and developmental issues; family interaction and buy in; advocating for multi-system support and more. Learn about early warning signs related to Autism, ADHD, Trauma, and Global Developmental Delays. Learn when to refer to professionals, how to communicate concerns to parents and the important role teachers play in starting the process.

## Session III, 1:30-3:00

### Andrea Cleland, MA-Y is for Yoga: Using Yoga in Storytimes

Let's build healthy bodies and minds through stories, songs, breath work, and mindful movement! Yoga in story or circle time can assist in regulating emotions and developing body awareness, and most importantly, it's fun! Yoga for kids is all about movin' and groovin' and breathing and being. Participants will learn numerous ideas and sources for yoga-based activities including songs, rhymes and books to use as well as understand the basis in early childhood development for each of these activities. They will also leave with a smile.